



## Spend more time enjoying the Island and less time sorting your healthcare



## Need healthcare advice? Prescription run out?

Call NHS 111 or check out the local pharmacy first.
GP surgeries can register you as a temporary resident.
A&E and 999 services are for life threatening conditions.

Don't spend time sitting in a waiting room!

Visit www.nhs.uk or www.what0-18.nhs.uk for info.